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### ***Less Clutter More Life***

#### **A New Book by Barbara Hemphill with Artwork and Photography by Louise Wannier**

RALEIGH, N.C. — In her first twenty years of her profession, Barbara Hemphill focused on helping individuals and organizations eliminate paper and physical clutter. In the following ten years, the dawning of the Internet age offered opportunities to apply her principles to the ensuing digital clutter, and now in recent years she has become acutely aware that there is a challenging and subtle emotional and spiritual clutter that truly prevents people from accomplishing their work and enjoying their lives. Louise Wannier's photographs work synchronously with the text and stories shared by Barbara from her long experience working with clients of diverse background. "Our hope is that through our collaboration this book will help people to recognize and release these blocks." Available online from Less Clutter More Life.com, Amazon.com and various Independent Book stores (\$17.95, Paperback, 95 pages).

#### **About Barbara Hemphill**

An internationally recognized expert on increasing profits, productivity and peace of mind by eliminating physical, digital, emotional and spiritual clutter, Barbara's life work has been to increase public awareness of the emotional and physical cost of clutter. She founded the Productive Environment Institute to train Certified Productive Environment Specialists who are available to assist individuals and businesses.

She is the author of "Taming the Paper Tiger at Work", "Love It or Lose It: Living Clutter-Free Forever", and "Organizing Paper @Home: What to Toss and How To Find the Rest!"

Initially trained in music education, Barbara organized an international choir in Grenada, West Indies, and New Delhi, India, and can frequently be found in the choir or at the piano at her church. As a follower of Jesus, Barbara's mission is to express His love through her work and her life so that other people will feel this love whether or not they share her beliefs.  
[www.BarbaraHemphill.com](http://www.BarbaraHemphill.com)

#### **About Louise Wannier**

As an artist and creative entrepreneur, Louise is fascinated by observing patterns, noticing closely how light interacts with both nature and our intense, dynamic urban landscapes: "I attempt to capture and present visually the energy and spirit I observe and feel in our complex world." As a print designer, Louise creates unique textile art prints and translates them to fashion and interiors collections under the label LOUIS JANE™ ([LouisJane.com](http://LouisJane.com) /[LouisJaneDesign](http://LouisJaneDesign) on Social Media). A graduate of the Fashion Institute of Design and Merchandising as well as the UCLA Anderson School MBA program and the California Institute of Technology, with a BS in Astronomy, she has helped create and launch various technology products to simplify our lives including VCR Plus+, Enfish information management software and MyShape personal shopping online.  
[www.LouiseWannier.com](http://www.LouiseWannier.com)

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